



**7th Annual Northern Dauphin Christian School
“Read, Write, and Race” 5K plus a 1 mile Kids’ Fun Run
Saturday, November 4, 2017 at 10 a.m.**

WWW.NDCS5K.COM

Event Location and Course: 23 Fellowship Drive, Halifax, PA. The course will begin at Word of Life Chapel and continue on Parmer Drive through the beautiful PA countryside, ending back at the church lot.

Registration and Entry Fees: \$20 pre-registration (before Sept. 30), \$25 pre-registration (before October 31), after Oct. 31st up to same day

registration \$30. Kids’ Fun Run \$15. includes a t-shirt. All registrations received before **October 13, 2017** are guaranteed a race t-shirt. NDCS student discounts shown below. T-shirts are available to purchase separately. Make checks payable to N.D.C.S. with “5K” on memo line. Registration forms/payment may be mailed to:

Northern Dauphin Christian School, 1072 Rt. 25, Millersburg, PA 17061

You can also register online at Active.com.

Same-day registration begins at 8:30 am and will be closed at 9:45 am. Race begins at 10:00 am.

Post-race Activities: Top runners in each age group will be recognized and prizes will be awarded. **CASH PRIZES TO TOP OVERALL MALE AND TOP OVERALL FEMALE RUNNER.** All runners will enjoy a hot-dog, chips, water and free participation in the Chili & Soup Cook-off. Entertainment will be provided by Phoenix Storm Productions. Additional sandwiches, baked goods and drinks will be available for purchase for all runners and spectators.

5K Run/Walk Entry form

_____		_____	_____	_____
participant's name		sex	date of birth	age
_____		_____	_____	_____
address		city	state	zip
_____	_____	S M L XL 2XL		
email address	phone number	tee-shirt size, please circle one		

WAIVER and RELEASE: I know that running a road race is a potentially hazardous activity. I should not enter and run in this event unless I am medically able and properly trained. I assume all risks associated with running in a race, including falls, contact with other participants, weather, road conditions, and traffic. I agree to follow the designated race route and abide by all decisions made by the race officials in order to safely complete the run. I have read this waiver and waive any right I may have to pursue an action against the Northern Dauphin Christian School, Word of Life Chapel, including all volunteers and representatives of these organizations.

signature of participant or parent/guardian signature if runner is under age 18

_____ Registration fee : \$30.00, NDCS students \$15

_____ 1 Mile Fun Run Fee (Children 12 and under) : \$15.00 (includes t-shirt)
NDCS students FREE (NO t-shirt)

_____ T-shirt **ONLY** \$15.00 ___ Small ___ Medium ___ Large ___ X-Large ___ 2 XL

T-shirts are men's sizes and will be a baseball style shirt. You can visit the race website to see a picture.